

# Swanswell Medical Centre

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## **A message for anyone suffering from, or inflicting, domestic abuse:**

Some of you may be living in lockdown with an abusive partner.

If you are female you can contact Women's Aid on 0808 800 0028.

If you are male you can contact the Men's Advice Line on 0808 801 0327.

If you are a member of the LGBT community you can contact the Birmingham LGBT Centre on 0121 643 0821.

If you are worried that you are being abusive and would like support you can contact Respect on 0808 802 4040.

If you are over 65 and being abused by someone other than a partner or family member you can also call the Age UK Advice Line 0800 678 1174.